

U. RADHAKRISHNAN. MSc. MPT. MIAP.

Lecturer, physical therapy & Health Rehabilitation,
College of Applied Medical sciences, Majmaah University, KSA.
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Physical therapist with more than 17 years of experience in various fields of Physical therapy. Skilled in patient management as well as an expertise in class room teaching and demonstrations. An enthusiastic Teacher with keen interest towards continuous learning and participation in challenging task.

Professional Qualifications

Master of Physiotherapy (Orthopedics) - November 2005

Institution: Dr. MGR Educational & Research institute.

University: Dr. MGR University, Chennai, Tamil Nadu.

Bachelor of Physiotherapy - August 2000

Institution: S R M College of Physiotherapy.

University: The Tamil Nadu Dr. M.G.R. Medical University, Chennai, Tamil Nadu.

Specialty Trainings

- G. D. Maitland concepts of Manipulative Therapy
- McKenzie, Mechanical Diagnosis & Therapy
- **Instructor and Provider** –Basic Life support, CPR Centre- College of Applied Medical sciences, Majmaah University.

Additional Qualifications

- Master of Science in Psychology
- Diploma in Acupuncture.
- Diploma in Computer applications

Authorship: 2013-2014 G

- Author for book published by Lambert Academic publishing- in Physical therapy specialization. Book Title: **Specialized Physical therapy Techniques: Assessment and treatment.**

Research Work:

- Research Study conducted among Majmaah University students "**The relation between Lower extremity and hamstring length among Majmah University students**".

The study was awarded fifth place during the Research day of Majmaah University.

Journal Publications:

- **International journal of scientific research, May – 2017, volume-6, issue-5** "Knowledge of the segmental anatomy of liver and its importance."
- **International Journal of Health and Rehabilitation Sciences** ,March 2016, Volume 5 Issue 1 "Home based Exercise management in Primary Dysmenorrhea".
- **European scientific journal, october2014 edition vol. 10.no.30 ISSN 1857-7881** "Subscapularis Trigger Release and Contract Relax Technique in Patients with Shoulder Impingement Syndrome.
- **International journal of Physical therapy research and practice. July-sep 2014- vol.2, issue.3**"The relation between lower extremity injuries and hamstring length among Majmaah university students.
- **Indian Journal of Physiotherapy & Occupational Therapy.** October-December 2013, Vol. 7, No. 4 "Effects of Posterior to Anterior Mobilization and Press up Exercise in Response to Pain and Function in Mechanical Low Back Pain."
- **Indian Journal of Physiotherapy & Occupational Therapy**, April-June 2013, Vol. 8, No. 2." Correlation between foot and ankle characteristics with functional abilities and balance among South Indian Geriatrics.
- **Indian Journal of Physiotherapy & Occupational Therapy**, April-June 2013, Vol. 8, No. 2." Effect of strengthening exercises of Shoulder muscles on hand functions in spastic Hemiplegic Cerebral palsied children.

Current Work Experience

- Working as **Lecturer** in Department of Physical therapy & Health Rehabilitation, College of Applied Medical sciences, Majmaah University from May 2010 to till date.
- **Coordinator** of Department of Physical therapy & Health Rehabilitation, College of Applied Medical sciences, Majmaah University from September 2016 to till date.

Participation in University/College/ Department committees

- Active member in Examination unit of College of Applied Medical sciences since 2011.
- Member of Academic committee- Department of Physical therapy& Health Rehabilitation
- Member of Community affairs- Department of Physical therapy& Health Rehabilitation.

Previous Work Experience –Clinical

- **Worked as Consultant Physiotherapist in The Best Hospital Pvt. Ltd,** Kodambakkam, Chennai, Nov 2001 to May 2010.
- **Worked as Physiotherapist in Indian Red Cross Society** – Tamil Nadu Branch, INDIA. From November 2000 to December 2003.

Previous Work Experience -Academic

- Worked as Assistant Professor in SRM College of Physiotherapy - SRM University – Kattankulathur (near Chennai)- INDIA. From April 2006 to May2010.

Personal Details

Father's Name : P. Unnikrishnan
Date of Birth : 25-04-1979
Sex : Male
Marital Status : Married
Nationality : Indian
Passport Details : Holding an Valid Indian citizen passport
Present/ Permanent address : "Krishnalayam"
New No.15, Old No: 28, Jayaram Street,
Saidapet, Chennai - 600 015.
Tamil Nadu. India.
Telephone : Res. No. 91 44 24339379
Mobile No. 00966 595737725 (KSA)
E-mail Address : r.unnikrishnan@ mu.edu.sa
physio_krishnan@yahoo.com

All the above-mentioned information is true as per the best of my knowledge.

Sincerely

(U.RADHAKRISHNAN)