- Lecture 21Development of respiratory system
- Dr. Rehan Asad
- At the end of session students should able to
- Describe formation of lung buds
- Describe development of larynx, trachea and bronchi.
- Describe the development of lungs.
- Describe the maturation of lungs.
- Correlate this knowledge to clinical conditions.
- DEVELOPMENT OF THE LUNG BUD
- Around 4 weeks of gestation
- Respiratory diverticulum (lung bud) appears as an outgrowth from the ventral wall of the foregut
- Retinoic acid produced by mesoderm controls its appearance

- Development of lung Bud
- In early stages, the lung bud is in communication with the foregut.
- On further growth, two longitudinal ridges termed as tracheoesophageal ridges appears
- It separate trachea from the foregut
- In later stages, when these ridges fuse to form the tracheoesophageal septum, the foregut is divided into a dorsal portion esophagus and a ventral portion, the trachea and lung buds.
- Development of lung buds
- Lung bud forms trachea
- Its lateral out pockets, known as bronchial buds.

- Primary bronchi start forming at beginning of fifth week.
- Lobar bronchi appears at sixth week.
- Development of lungs
- During further development, lung buds expand in body cavity.
- Cavity is known as pericardioperitoneal canal.
- Mesoderm of lung form visceral pleura
- Space between somatic and visceral pleura forms pleural cavity.
- Development of lungs
- Divided in four phases:
- pseudoglandular
- Canalicular
- Terminal sac
- Alveolar

- Pseudoglandular phase
- Absence of respiratory bronchioles
- 5 to 16 wks
- Branching continues to form terminal bronchiole.
- Canalicular phase
- 16-26 weeks
- Terminal bronchiole divide in respiratory bronchiole and formation of alveolar ducts.
- Increase in vascularity

- Terminal sac phase
- 26 weeks to birth.
- Formation of primitive alveoli.
- Close contact of capillaries.
- Formation of blood air barrier.

- Alveolar phase
- Eight months to childhood
- Complete development of epithelium
- Maturation of endothelial cells of capillaries
- Lungs before and after birth
- Before birth, lungs half-filled with fluid, little protein, mucus and surfactant
- Aeration of lungs at birth is replacement of intra-alveolar fluid by air
- During delivery, some fluid expelled via bronchi and trachea
- When respiration begins at birth, most of lung fluid absorbed by blood and lymphatic capillaries

surfactant remains deposited as a thin, phospholipid, coating on alveoli

- Clinical correlations
- Esophageal atresia with tracheoesophageal fistula
- 90% present with upper esophageal blind pouch.
- 33% of the cases are involved with VACTERL association (Vertebral anomalies, Anal atresia, Cardiac defects, Tracheoesophageal fistula, Esophageal atresia, Renal anomalies, and Limb defect).
- Complications: Polyhydramnios.

- Clinical correlations
- At birth, babies having trachesophageal defect need to be

carefully monitored for VACTREL defects.

- HYALINE MEMBRANE DISEASE
 Respiratory Distress Syndrome
- Most common in premature babies.
- Due to immature type II alveoli
- Deficiency of surfactant
- Congenital anomalies
- Agenesis of lungs
- Hypoplasia of lungs
- Ectopic lung lobes
- Congenital lung cysts due to dilation of terminal bronchi

Summary

- References
- Langman's Medical Embryology: T.W. Sadler, 12th ed., CH. 14, P. 201-206