PERSONAL DETAILS البيانات الشخصية	Dr. Fuzail A	hmad Abdul Wadood
	Head, Quality Assurance, College of Applied Medical Sciences, Majmaah University	
	Contact information	
	Phone no: +966 16404832, Mobile (Majma'ah): +966 558932114,	
	e-mail id: f.ahmad@mu.edu.sa	
QUALIFICATION المؤهلات الطمية	Educational Qualification	
	[2013]	PhD (Neurology) Singhania University, India
	[2005]	Master of Physiotherapy (Neurology) Hamdard University, New Delhi, India
	[2002]	Bachelor of Physiotherapy, Bangalore University, Bangalor, India
0		
PROFESSIONAL ACCHIVEMENTS	Majmaah University	
	[2013-2016]	Head Department of Physical Therapy & Health Rehabilitation
	[2013-2016]	Examination High Committee, College of Applied Medical Sciences
	[2013-2016]	Quality High Committee, College of Applied Medical Sciences
	[2011-2013]	Editorial Committee Majmaah Journal of Health Sciences
	[2011-2013]	Health & Basic Sciences Research Centre, Deanship of Research
	[2011-2013]	E-learning Committee, College of Applied Medical Sciences
	[2011-2013]	Recruitment Committee, College of Applied Medical Sciences
	[2012]	Technical Committee for Transfer, College of Applied Medical Sciences
	[2012-2013]	Quality Centre, College of Applied Medical Sciences

BOOK

Advance Physiotherapy Techniques for Chronic Low Back Pain- Non Surgical Management Of

Chronic Low Back Pain. Lambert Academic Publication; ISBN: ISBN 978-3-659-37880-5

PhD DISSERTATION

Efficacy of task oriented motor skill training program with segmental trunk stabilization on acquisition of motor ability and postural control in young children with cerebral palsy.

MASTER'S DISSERTATION

The effect of visual cues on motor abilities in Parkinson's patient after deep brain stimulation surgery.

FUNDED PROJECT AT RESEARCH CENTRE MAJMAAH UNIVERSITY

Working as Research Assistant on the Project "Relationships between, perceived scholastic competence & intellectual ability with academic achievement among the University students of Saudi Arabia.

Effects of Functional Limb Overloading on Symmetrical Weight Bearing, Walking Speed, Perceived Mobility, and Community Participation among Patients with Chronic Stroke.

SH Alabdulwahab SS, Ahmad F

Rehabilitation Research & Practice 2015 (2015), 241519

Relative & Cumulative efficacy of Auditory & Visual Imagery on Upper Limb Functional Activity among Chronic Stroke Patients

F Ahmad, S Al-Abdulwahab, N Al-Jarallah, R Al-Baradie, MZ Al-Qawi, ... Indian Journal of Physiotherapy and Occupational Therapy-An International ...

Effect of mental imagery on upper extremity function in chronic stroke patients

AF Z Naveem, Majumi N

Indian Journal of Physiotherapy and Occupational Therapy - An International ...

Effects of Task Related Training and Hand Dominance on Upper Limb Motor Function in Subjects with Stroke

MA Khan, F Ahmad, JA Moiz, MM Nooho Iranian Rehabilitation Journal 9 (2), 55-59

Effects of resisted chest cage expansion exercise training on functional capacity in normal adult

MA Shaphe, SK Pandey, F Ahmad, JA Moiz

Physiotherapy and Occupational Therapy Journal 1 (3), 29-38

Effect of visual cue on gait parameters in patients with Parkinson's disease after subthalamic nucleus deep brain stimulation

V Goyal, F Ahmad, L Dhawan, P Wasan, M Maurya, G Shukla, S Singh, ... MOVEMENT DISORDERS 21, S546-S546

- Effect of mental imagery on upper extremity function in chronic stroke patients. Indian
 Journal of Physiotherapy and Occupational Therapy An International Journal; Volume:
 6, Issue: 1, 88-90, March 2012
- Effects of Task Related Training and Hand Dominance on Upper Limb Motor Function in Subjects with Stroke. Iranian Rehabilitation Journal, Vol. 9, No. 14, 2011
- Effect of resisted chest cage expansion exercise training on functional capacity in normal adults; Physiotherapy & Occupational Therapy Journal; Pg 29-38, Vol 3 no 1, Jan-March 2010"
- 4. **"Effect of using laser beam stick on Parkinsonia gait**" (Co Author) Published for presentation at 46th Annual Conference of IAP' Feb 2008, Dehradoon.
- Effect of external sensory cues on Parkinsonian gait after Deep Brain Stimulation
 Surgery. Journal of Occupational therapy and Physiotherapy; Vol 1 No 1; 37-44; Jan-March 2007
- Understanding Human Motion: Aristotal to VICON; A Historical Review. Published for presentation at National seminar on Fundamental of Biomechanics, March 2007, New Delhi.
- 7. The Effect of Sensory Cueing on Gait Parameters after Deep Brain Stimulation Surgery.

 Published for presenting at 44th Annual Conference of IAP, Jan. 2006, Ahamdabad,
- 8. "Effect of Core Stability Exercises Versus Pressure Biofeedback Training in Low back

 Patient. Published for presenting at 45th Annual Conference of IAP, Feb 2007, Calcutta.

INTERNATIONAL

[2011-2013] Managing Editor "International Journal of Physiotherapy Research & Practice"

[2011-2013] Member of Central Executive Council of "Society for Research & Evidence Translation for Physiotherapist", Delhi, India

[2012-2013] Managing Editor of "International Journal of Physiotherapy Research & Practice"

[2009-2013] Member "ISPJE: International Society of Physiotherapy Journal Editors"

[L-14712] Life Member "Indian Association of Physical Therapy"

[PR-135] Member "Delhi Council of Occupational Therapy & Physical Therapy"

[2005-2013] Member Advisory Board, College of Applied Education & Health Sciences, Meerut, India

[2006-2012] Member Expert Committee for Inspection & Affiliation, CCS University, Meerut, India

[2006-2009] Member Expert Committee for Inspection & Affiliation, Guru Gobind Singh Indraprastha

University, New Delhi,

[2006-2009] Member Expert Committee for Inspection & Affiliation, Rohtak University, India

[2006-2007] Subject Expert Interview Committee, Maharishi Dayanand University, Rohtak, India

[2006-2007] Member Board Of Studies, Baba Fridkot University, Punjab, India

[2007] Organizing Secretary "National Cardiopulmonary Physiotherapy Conference", New Delhi

[2007] Member Organizing Committee "Teaching Technology workshop", Jamia Hamdard, New Delhi

[2007] Member Organizing Committee "National Biomechanic Conference" Jamia Hamdard

[2006-2007] Member Board Of Studies, CCS University, Meerut, India

[2006-2007] Member Board Of Studies, CJSM University, Kanpur, India

CONDUCTED WORKSHOP ON

- Advance Proprioceptive Neuromuscular Facilitation Techniques in neurological Rehabilitation" on 11th & 12th August at Prakash Institute, Greater Noida, Uttar Pradesh.
- 2. **3D Motion Analysis System (Gait Lab) & Isokinetic Dynamometer**, From 12th to 14th July 2006 Physiotherapy College, Paraplegia Center, Govt. Civil Hospital, Ahmadabad.
- 3. **CVA-Stroke: Recent Advances and Management in Physiotherapy**, 25th & 26th November 2006 S. B. B. College of Physiotherapy, Sheth Vadilal Sarabhai General Hospital, Ahamadabad.
- **4. Recent Advances in Neurological Rehabilitation**, September 2005, M. M. Institute of Physiotherapy and Rehabilitation, Mullana Medical College, Ambala, Punjab.
- Proprioceptive Neuromuscular Facilitation Technique for the treatment of Stroke, 18th
 December 2006, Department of Physiotherapy, Integral University, Luckhnow.

CONFERENCE PRESENTATION

- 6. "Relaxation & Guided Imagery in Sports Rehabilitation" for the workshop on "Recent Advances in the Management of Sports Injury" on 4th may 2010 at CAEHS, Majmaah University, Al-Majmaah, Kingdom of Saudi Arabia.
- 7. "Robotics in Therapy" at the workshop on "Emerging Trends and Recent Advances in Neuro Rehabilitation", on July 2009 at VIMHANS Hospital & Research Centre, New Delhi
- 8. "Effect of using laser beam stick on Parkinsonia gait" (Co Author) 46th Annual Conference of IAP' Feb 2008, Dehradoon.
- 9. "Effect of Core Stability Exercises Versus Pressure Biofeedback Training in Low back Patient" 45th Annual Conference of IAP, Feb 2007, Calcutta.
- 10. "The Effect of Sensory Cueing on Gait Parameters after Deep Brain Stimulation Surgery" 44th Annual Conference of IAP, Jan. 2006, Ahmadabad.
- 11. Stepping Strategy, Obstacle Negotiation and Incidence of Fall-Effect of Ageing, National Conference on Biomechanics Nov. 2004, IIT Delhi

SAUDI ARABIA

- 1. [3rd April 2013] MD Consult & Clinical Key Training Session, Majmaah University
- 2. [5th 7th Feb 2013] 3rd International Conference for e-Learning & Distance Learning. Riyadh
- [12th & 13th March 2012] The 1st Majmaah Symposium on Medical Education. King Khalid General Hospital, Al-Majmaah.
- [9th June 2011] Participated in "Epidemiology: Present Scenario & Expectations" Majmaah University.
- [22nd May 2011] Attended seminar on "Medical Profession as Teachers" at King Khalid General Hospital, Al-Majmaah.
- [4th May 2010] Participated in "Recent Advances in Management of Sports Injuries" Majmaah University.
- [19th -20th May 2010] Attended "Saudi Physical Therapy Conference 2010" at College of applied Medical sciences, University of Dammam.

INTERNATIONAL

- 8. [4th to 9th Nov. 2011] Attended "International Conference & Workshops of Physical Therapy-Evidence Behind Practice" at all India Institute of Medical Sciences, New Delhi
- [4th to 11th Feb 2011] "National Conference of Physical Therapy- AIIMS 2011" at All India Institute of Medical Sciences, New Delhi, India
- 10. [4th & 5th Feb 2011] Attended a workshop on "Enhancing Functional Gait analysis & Neuro-Development Treatment" by Prof. Kathleen Ganleen from North Arizona University, USA at JNP Trauma Centre, All India Institute of Medical Sciences, New Delhi, India
- 11. [July 27th, 2009] Emerging Trends & Recent Advances In Neuro Rehabilitation, New Delhi
- [Oct 27th & 28th, 2007] National Cardiopulmonary Physiotherapy Conference, Jamia Hamdard, New Delhi, India
- 13. [March 30th -31st, 2007] National Seminar on Fundamentals of Biomechanics, Jamia Hamdard, New Delhi, India
- [March 25th, 2007] Latest Trends in Management of Cerebral Palsy & Autism, New Delhi,
 India

- 15. [March 9th -10th, 2007] International Congress on Neurology & Rehabilitation, New Delhi
- 16. [Jan 20th, 2007] Comprehensive Rehabilitation Of Spinal Cord Injury Patients, New Delhi
- 17. [Jan 2nd -4th, 2007] 45th Indian Association of Physiotherapist Annual Conference, Calcutta
- 18. [27th Jan. to 7th Feb. 2006] Basic Course on Neurodevelopment Principles Organized by Neurodevelopment Therapist Association India at College of Applied Education & Health Sciences, Meerut.
- [Dec. 12th to 21st, 2006] Basic Concepts of Musculoskeletal Manipulation- G. D. Maitland,
 Organized by MAANIPS (International Foundation for Musculoskeletal Manipulation) at
 College of Applied Education & Health Sciences, Meerut
- 20. [Dec 2nd & 3rd, 2006] **Orientation Program in Teaching Methodology**, Jamia Hamdard, New Delhi, India
- 21. [Jan 6th to 8th, 2006] **44th Indian Association of Physiotherapist Annual Conference**, Ahmedabad, India
- 22. [Nov. 10-11 2005] International Conference on Manipulation therapy, Dehradoon, India
- [Nov. 19-21 2004] National Conference on Biomechanics, Indian Institute of Technology,
 New Delhi, India
- 24. [Sep. 25-26 2004] **International Neurology Update 2004,** India Habitat Center, New Delhi, India
- 25. [Jan. 30-31 2004] National Symposium on Stroke, G. B. Pant Hospital, New Delhi, India
- [Oct. 09-11 2003] 4th International Clinic of Neurological Surgery, G. B. Pant Hospital, New Delhi
- 27. [10th Feb. to 16th Feb., 2001] **Yoga and Physiotherapy Intensive** at Swami Vivekananda Yoga Anusandhana Samsthana, Bangalore, India
- 28. [Sep. 29-30 2001] Oncology for Physiotherapist, Srinivasa College of Physiotherapy, Mangalore, India
- [Aug. 20th 2000] Physiotherapy in Obstetrics and Gynecology, Ramiah Medical College,
 Bangalore, India

- Effect Of Dual Task On Static Postural Stability In Persons With Parkinson's Disease [College of Applied Education & Health Sciences, 2005-2006]
- Effect Of Long Term Body Weight Supported Treadmill Training On Functional Walking Ability
 And Measures of Subjective Well Being In Persons With Chronic Spinal Cord Injury [College of Applied Education & Health Sciences, 2005-2006]
- Comparison Of Upper Limb Functional Outcomes In Stroke Patients Receiving Motor Relearning Programme Versus Proprioceptive Neuromuscular Facilitation [College of Applied Education & Health Sciences, 2005-2006]
- 4. Performance gain of Intermanual Transfer Achieved by Nondominant hand after dominant hand training, [College of Applied Education & Health Sciences, 2005-2006]
- 5. Effect of a functional therapy program on the motor abilities of the children with cerebral palsy,

 [Jamia Hamdard, 2006-2008]
- 6. Task related training versus passive active movement training on upper limb motor functions in stroke patients [Jamia Hamdard, 2006-2008]
- Effect of constraint induced therapy & PNF techniques on upper limb function in stroke patients,
 [Jamia Hamdard, 2006-2008]
- Conventional exercises versus PNF on functional mobility in Parkinson's disease patients as measured by timed up and go test [Jamia Hamdard, 2006-2008]
- Effect of PNF training in improving trunk symmetry and its transfer to daily task [Jamia Hamdard, 2006-2008]
- 10. Effect of frequency of knowledge of result on motor learning in patients with Parkinson's disease,
 [Jamia Hamdard, 2006-2008]

- 11. Effect of practice on the relationship between postural control and performance of a secondary task in elderly, [Jamia Hamdard, 2006-2008]
- 12. Effect of somatosensory stimulation on motor function and muscle strength in chronic stroke patients, [Jamia Hamdard, 2005-2007]
- 13. Effect of random versus blocked practice order on motor learning in patients with Parkinson's disease, [Jamia Hamdard, 2005-2007]
- 14. The effect of agility training under single and dual task conditions in improving balance in elderly,

 [Jamia Hamdard, 2005-2007]
- 15. Effect of nerve mobilization in the management of sciatica, [Jamia Hamdard, 2005-2007]
- 16. Effect of sitting balance training under varied sensory input on balance and quality of life in stroke patients, [Jamia Hamdard, 2005-2007]
- 17. Effect of practice on postural control and performance of a secondary task in chronic stroke patients, [Jamia Hamdard, 2005-2007]
- 18. Effect of passive tactile sensory input on postural stability during standing in the stroke patients,

 [Jamia Hamdard, 2005-2007]

CURRENT EMPLOYMENT

↓ [From 15th Dec'09 till date] **Lecturer**, Department of Physical Therapy, College of Applied Medical Sciences, Majma'h University.

PROFESSIONAL EXPERIENCES

- **↓** [16th Aug' 09 to 13th Nov'10] **Head department of Physiotherapy, Praksh Institute of Physiotherapy Greater Noida, Delhi NCR, India**
- ♣ [October 2006 to May 2009] **Lecturer Physiotherapy**, Dept. of Rehabilitation Sciences, Faculty of Allied Health Sciences. Jamia Hamdard, New Delhi. *Job Responsibility included teaching undergraduate and post graduate students, research guidance and their clinical training at Majeedia Hospital, New Delhi.*
- ♣ [April 2005 to September 2006] **Lecturer,** Department of Physical Therapy, College of Applied Education & Health Sciences, Meerut, Uttar Pradesh. *Job Responsibility included teaching undergraduate and post graduate students and their clinical training.*
- ♣ [Sep. 2003 to Feb. 2005] Clinical Therapist at All India Institute of Medical Sciences, New Delhi. Two years of experience working as physiotherapist trainee with Neurosciences Center, All India Institute of Medical Sciences, Delhi Which is India's most prestigious medical institute and super speciality hospital. Clinical responsibilities working as part of multidisciplinary team. Providing physiotherapy management for cases of pre and post operative neurosurgery, neurology, neuromusculoskeletal conditions and elderly care in intensive care unit, wards and outpatients department.
- ↓ [Jan to August 2003] Clinical Therapist, Manas Neurological Center, CR Park, New Delhi
- **↓** [June 11th to Dec. 10th 2002] Internship, G. B. Pant Hospital, New Delhi