Course Specification

— (Bachelor)

Course Title: **Community Health Nursing/Theory**
Course Code: **NRS** 471
Program: **Bachelor of Nursing**
Department:
College: **College of Nursing**
Institution: **Majmaah University**
Version: **V4**
Last Revision Date: **June 2023**

Table of Contents

A. General information about the course:

1. Course Identification

1. Credit hours: (3 (3+0+0))

2. Course type

A.	☐University	☐College	☒ Department	☐Track	☐Others
B.	☒ Required			☐Elective	

3. Level/year at which this course is offered: (7th level, 4th year)

4. Course general Description:

This course is designed to provide the student with the essential knowledge and skills related to the latest concepts in family and community health, and how to work as a community health nurse. The students will understand the principles of environmental health, and ways to provide nursing care and health education in different settings, including health care centers, homes, schools, factories and associations dealing with clients with special needs and with the elderly.

5. Pre-requirements for this course (if any):

NRS 361, NRS 363

6. Pre-requirements for this course (if any):

NRS 472

7. Course Main Objective(s):

1. This course is designed to provide community health nurses integrate community involvement and knowledge about the entire population with personal, clinical understandings of the health and illness experiences of individuals and families within the population.
2. They translate and articulate the health and illness experiences of diverse, often vulnerable individuals and families in the population to health planners and policymakers.
3. The need for a qualified nurse who serves proper community health nursing to different categories of the community to reduce the incidence of illnesses, promote community health, and give importance to putting the student nurse on the right track of community nursing

2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	45	100%
2	E-learning		
3	Hybrid • Traditional classroom • E-learning		

No	Mode of Instruction	Contact Hours	Percentage
4	Distance learning		

3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	**Lectures**	45
2.	**Laboratory/Studio**	
3.	**Field**	
4.	**Tutorial**	
5.	OTHER	
Total		45

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	**Knowledge and understanding**			
K3.1	Recognize the role of community health nursing in light of major history landmarks. KPI 04	K3	Lectures, interactive lecture & Collaborative learning	Quizzes, and Exams
...				
2.0	**Skills**			
S3.1	Explain principles of epidemiology in the context of community health nursing KPI 02	S3	Lectures, interactive lecture & Collaborative learning	Quizzes, Exams , Assignment & presentation
S4.1	Evaluate the nursing care provided for individuals, families, groups and communities. KPI 30	S4	Lectures, interactive lecture & Collaborative learning	E Quizzes, Exams , Assignment & presentation

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
...S5.1	Appraise the use of recent technologies and care modalities while delivering community health nursing care. KPI 26	S5	Lectures, interactive lecture & Collaborative learning	E Quizzes, Exams , Assignment & presentation
3.0	**Values, autonomy, and responsibility**			
V2.1	Demonstrate competent abilities of teamwork and team cohesion using principles of teamwork approach in providing care for several clients' populations. KPI 27	V2	Lectures, interactive lecture & Collaborative learning	Assignment
V2.2	Appraise the use of recent technologies and care modalities while delivering community health nursing care	V2	Lectures, interactive lecture & Collaborative learning	

C. Course Content

No	List of Topics	Contact Hours
1.	**Unit 1: Introduction to community Health nursing** Community Health nursing fields for practice, Definition of related terms, Definition of health & disease, Spectrum of health & disease, Factors affecting health, Dimensions of health, Conceptual framework of community health nursing, Role of community Health nurse in nursing practice	9
2.	**Unit 2: Theoretical basis of community health nursing**	3
3	**Unit 3: Primary health care** Introduction &PHC strategies, PHC approach, Principles of PHC, Instruments in PHC delivery, PHC elements & components, Role of the community health nurse	6
4	**Unit 4: Communicable disease control** Basic concepts regarding communicable disease, Mode of transmission, and Role of the community health nurse in controlling communicable disease	3
5	**Unit 5: Epidemiology in community health care:** Definition, Types, Uses, Epidemiological triangle model, Calculation of rates, Use of epidemiology in disease prevention	6
6	**Unit 6: The Family as Client:**	3

	Characteristics of the family, Family system, Family structure, and function, Characteristics of health family health Assessment methods, Family record Role of the community health nurse in family health	
7	**Unit 7: Health promotion:** Define health promotion, Principles, Concerns, Values, and Components, basic characteristics of health promotion, Health Promotion Triad, health promotion program, and community health nurses' roles.	3
8	**Unit 8: Environmental Health and safety measure** Environmental health areas of concern, Environmental pollution, Role of the community health nurse in promoting the health of the environment	3
9	**Unit 9: Rural Health and Urban Development**	3
10	**Unit 10: Promoting and protecting the health of working population:** Definition of occupational health nursing, Objectives of occupational health nursing, Occupational health hazards Occupational health nurse work setting, the function of Occupational health nurse, Nursing care of working populations,	3
11	**Unit 11: Families in crisis: Violence and abuse** Definition, Social and community factors influencing Violence, Violence against (oneself, homicide &suicide), Types of family violence, the Nursing intervention of violence, Types of Crisis, Phases of Crisis, Crisis intervention, Role of the community health nurse	3
Total		**45**

D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Quizzes	4	10 %
2.	Midterm Exam	7	30 %
3.	Group presentation, discussion & professionalism	9	10 %
4	Assignment	9	10 %
5	Final Exam	13	40%
	Total		100%

*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

E. Learning Resources and Facilities

1. References and Learning Resources

Essential References	Rector C. L. & Stanley M. J. (2022). **Community and public health nursing: promoting the public's health** (Tenth edition / International). Lippincott Williams & Wilkins. ISBN: 9781975164447, 197516444X
Supportive References	• Allender, Judi. A. and Rector, Cherie. (2014) **Community Health Nursing -Promoting and Protecting the Public Health**, 8th Ed. Lippincott New York • ISBN:1609136888 ISBN-13:9781609136888 • **Allender, Judith Ann - Spradley, Barbara Walton (2004). Community Health Nursing - Concepts & Practice.Lippincott Williams & Wilkins (7th Ed)**
Electronic Materials	• www.sdl.edu.sa • www.books.google.co.in • www.pubmed.com • www.allnurses.com
Other Learning Materials	

2. Required Facilities and equipment

Items	Resources
facilities (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)	Classroom with 30 to 40 seats
Technology equipment (projector, smart board, software)	• Smart Board with all the accessories • Computer • Projector • Internet
Other equipment (depending on the nature of the specialty)	

F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Students	✓ Direct assessment: Course Evaluation Survey Quality of Exam Survey
Effectiveness of Students assessment	Faculty	✓ Indirect assessment: CLO Mapping with teaching & assessment. ✓ Course Blueprinting

Assessment Areas/Issues	Assessor	Assessment Methods
		✓ Grade Analysis Psychometric Analysis
Quality of learning resources	Peers	Grade Verification
The extent to which CLOs have been achieved	Faculty member / Quality assurance committee	✓ Direct assessment outcome analysis Course report preparation
Other	Students / Faculty	✓ Indirect assessment: Academic advising survey Student experience survey

Assessors (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify)
Assessment Methods (Direct, Indirect)

G. Specification Approval

COUNCIL /COMMITTEE	DEPARTMENT COUNCIL
REFERENCE NO.	4
DATE	19.09.2023