



# Course Specification

— (Bachelor)

Course Title: **Introduction to Clinical Skills in Patient Care**

Course Code: **NRS -233**

Program: **Bachelor of Nursing**

Department: **Nursing (NRS)**

College: **College of Nursing**

Institution: **Majmaah University**

Version: **V4**

Last Revision Date: **June 2023**



## Table of Contents

<b>A. General information about the course:</b> .....	3
<b>B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods</b> .....	4
<b>C. Course Content</b> .....	5
<b>D. Students Assessment Activities</b> .....	6
<b>E. Learning Resources and Facilities</b> .....	6
<b>F. Assessment of Course Quality</b> .....	7
<b>G. Specification Approval</b> .....	7



## A. General information about the course:

### 1. Course Identification

1. Credit hours: (4 hours (4+0+0) )

#### 2. Course type

- A.  University     College     Department     Track     Others
- B.  Required     Elective

3. Level/year at which this course is offered: 3<sup>rd</sup> level/2nd Year

#### 4. Course general Description: None

This course serves as a base for other nursing courses. It is designed to provide the third level students with the basic nursing concepts and theoretical principles needed for the practice of nursing. The course emphasizes the student's understanding of the nature of the client needs and the interventions required utilizing the functional health patterns such as exercise and rest, nutrition, and elimination.

#### 5. Pre-requirements for this course (if any):

NRS-234

#### 6. Pre-requirements for this course (if any):

N/A

#### 7. Course Main Objective(s):

The main purpose of this course is to acquire students with information related to the nursing process, assessing health, integral components of client care, and promoting physiological health.

### 2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	60 hrs.	100%
2	E-learning		
3	Hybrid <ul style="list-style-type: none"> <li>Traditional classroom</li> </ul>		





No	Mode of Instruction	Contact Hours	Percentage
	• E-learning		
4	Distance learning		

### 3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Lectures	60hrs
2.	Laboratory/Studio	
3.	Field	
4.	Tutorial	
5.	Others (specify)	
<b>Total</b>		<b>60hrs</b>

## B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
<b>1.0</b>	<b>Knowledge and understanding</b>			
<b>K3.1</b>	<b>Describe</b> nursing care from assessing vital signs to more complex physical health procedures while following the phases of nursing process. KPI137	<b>K3</b>	Lecture-Discussion	Written Exams
<b>K4.1</b>	<b>Define</b> the concepts of promoting physiological health and disease prevention of individual, family and community. KPI33	<b>K4</b>	Lecture-Discussion	Written Exams
<b>2.0</b>	<b>Skills</b>			
<b>S4.1</b>	<b>Calculate</b> the drug dosage and intravenous infusion	<b>S4</b>	Lecture-Discussion and Collaborative Learning	Written Exams





Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
	rate correctly and accurately. KPI30			
<b>S4.2</b>	<b>Utilize</b> the nursing process as a framework for formulating nursing care and discharge plans that include nursing outcomes and interventions for client care. KPI15	<b>S5</b>	Lecture-Discussion and Collaborative Learning	Written Exams, Assessment Rubrics for Assignment (NCPs)
<b>3.0</b>	<b>Values, autonomy, and responsibility</b>			
<b>V2.1</b>	Demonstrate collaboration in attaining nursing outcomes and interventions pertaining to individual, family, and community based on ethical, legal, and professional standards. KPI27	<b>V2</b>	Lecture-Discussion and Collaborative Learning	Professionalism and group discussion

### C. Course Content

No	List of Topics	Contact Hours
1.	<b>Unit 1: Nursing Process</b> Overview and phases of nursing process	12
2.	<b>Unit 2: Nursing Care and Discharge Planning</b> Formulation of NCPs, referral and discharge plan	8
3. 3	<b>Unit 3: Documentation and Reporting</b> Types and methods of documenting and reporting	4
4. 4	<b>Unit 4: Health Assessment</b> Vital signs, diagnostic and laboratory tests	8
5. 5	<b>Unit 5: Client Care Management</b> Asepsis, safety, hygiene, moving, turning and basic body positions, skin integrity and wound care	8
6. 6	<b>Unit 6: Pharmacologic Management</b> Medication and fluid administration, calculation of medication dosage and fluid regulation	8
7	<b>Unit 7: Physiologic Health Promotion</b>	12





Activity and exercise, rest and sleep, pain management, nutrition, urinary and fecal elimination, and oxygenation	
<b>Total</b>	<b>60hrs</b>

## D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Quiz	4 <sup>th</sup> week	10%
2.	Assignment (NCPs)	5 <sup>th</sup> - 8 <sup>th</sup> week	10%
3.	Midterm Exam	6 <sup>th</sup> week	30%
4.	Professionalism and Group Discussion	11 <sup>th</sup> week	10%
5.	Final Exam	12 <sup>th</sup> - 13 <sup>th</sup> week	40%
	<b>TOTAL</b>		<b>100%</b>

\*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

## E. Learning Resources and Facilities

### 1. References and Learning Resources

<b>Essential References</b>	Berman, A. J., and Snyder, S. (2022). Kozier & Erb's fundamentals of nursing: Concepts, process, and practice. (9th Ed.). New Jersey: Person Education, Inc.
<b>Supportive References</b>	<ul style="list-style-type: none"> <li>• Ellis, J. R., and Bentz, P. M. (2022). Modules for Basic Nursing Skills (7th Ed.). Philadelphia: Lippincott Williams &amp; Wilkins.</li> <li>• Perry, A. G. (2022). Pocket guide to basic skills and procedures / Basic skills and procedures (7th Ed.). St. Louis: Mosby.</li> <li>• Potter, P. and Perry, A. (2022). Fundamentals of Nursing. (8th Ed.) St. Louis, Mosby, Inc.</li> <li>• Taylor, c., Lillis, C &amp; LeMone P. (2022). Fundamentals of Nursing: The Art &amp; Science of Nursing Care (7th Ed.). Philadelphia: Lippincott.</li> <li>Spade, C. M., &amp; Mulhall, M. (2022). Teaching psychosocial vital signs across the undergraduate nursing curriculum. Clinical Simulation in Nursing, 6 (4), e143-e151.</li> </ul>
<b>Electronic Materials</b>	<ul style="list-style-type: none"> <li>• <a href="http://www.sdl.edu.sa">www.sdl.edu.sa</a></li> <li>• <a href="http://www.findarticles.com">www.findarticles.com</a></li> <li>• <a href="http://www.emedicine.com">www.emedicine.com</a></li> <li>• <a href="http://www.allnurses.com">www.allnurses.com</a></li> <li>• <a href="http://www.nurse.com">www.nurse.com</a></li> <li>• <a href="http://www.medscapenurses.com">www.medscapenurses.com</a></li> </ul>
<b>Other Learning Materials</b>	NA





## 2. Required Facilities and equipment

Items	Resources
<b>facilities</b> (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)	Lecture rooms should be large enough to accommodate 30 students.
<b>Technology equipment</b> (projector, smart board, software)	Every classroom must be equipped with smart or active board, latest Audio-visual aids and computer with internet access.
<b>Other equipment</b> (depending on the nature of the specialty)	NA

## F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Students	Course Evaluation Survey Quality of Exam Survey
Effectiveness of Students assessment	Faculty	CLO Mapping with teaching and assessment. Course blueprinting Grade analysis Psychometric analysis
Quality of learning resources	Peers	Grade verification
Effectiveness of students assessment	Students	Course Evaluation Survey Quality of Exam Survey
Quality of learning resources	Students / Faculty	<ul style="list-style-type: none"> <li>Academic advising survey</li> <li>Student experience survey</li> </ul>

**Assessors** (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

**Assessment Methods** (Direct, Indirect)

## G. Specification Approval

<b>COUNCIL /COMMITTEE</b>	<b>DEPARTMENT COUNCIL</b>
<b>REFERENCE NO.</b>	<b>4</b>
<b>DATE</b>	<b>19.09.2023</b>

