



Course Specification

— (Bachelor)

Course Title: Maternal – Newborn Health Nursing/ Theory

Course Code: NRS

Program: Bachelor of Nursing

Department: Department of Nursing (NRS)

College: College of Nursing

Institution: Majmaah University

Version: V4

Last Revision Date: June 2023



Table of Contents

A. General information about the course:	3
B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods	4
C. Course Content	5
D. Students Assessment Activities	6
E. Learning Resources and Facilities	6
F. Assessment of Course Quality	7
G. Specification Approval	8



A. General information about the course:

1. Course Identification

1. Credit hours:(3hrs ((3+0+0))

2. Course type

- A. University College Department Track Others
- B. Required Elective

3. Level/year at which this course is offered:(Level 6 /year 3)

4. Course general Description:

This course focuses on the study of women during different cycles of their lives including childbearing, childrearing, and post-partum periods. Knowledge of reproductive health, safe motherhood are essential for the planning and implementation of care during preconception, conception, antenatal, and postnatal periods. The course reveals the needs of the mother and infant during the antenatal, intrapartum, and postpartum periods.

5. Pre-requirements for this course (if any):

NRS 351

6. CO-requirements for this course (if any):

NRS362

7. Course Main Objective(s):

Provide comprehensive nursing care to women during her reproductive life. Use critical thinking to determine what additional information is needed, what the evidence showed best practice at this time.

2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	45 hours	100%
2	E-learning		
3	Hybrid <ul style="list-style-type: none"> Traditional classroom 		





No	Mode of Instruction	Contact Hours	Percentage
	• E-learning		
4	Distance learning		

3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Lectures	45 hrs
2.	Laboratory/Studio	
3.	Field	
4.	Tutorial	
5.	Others (specify)	
Total		45 hrs

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
K2.1	Recognize reproductive development and maternal adaptations to pregnancy, Labor and post-partum periods. KPI 14	K2	Lecture Discussion	Written Examinations, Assignment
K3.1	. Identify nursing considerations related to antenatal, natal and postnatal, including immediate newborn care and other gynecologic conditions. KPI 25	K3	Lecture Discussion	Written Examinations, Assignment
...				
2.0	Skills			
S1.1	Determine the care	S1.1	Lecture Discussion	Written Examinations,





Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
	management for normal and high-risk labor based on professional nursing practice. KPI 30			Assignment
S4.1	Interpret obstetrical procedures on various aspects of obstetrical & gynecological conditions. KPI 26	S4.1	Lecture Discussion	Written Examinations, Assignment
...				
3.0	Values, autonomy, and responsibility			
3.0	Competence	3.0		
V2.1	Demonstrate professional behavior and teamwork in relation to self and others. KPI 13	V2.1	Group Discussion	Professionalism and Group Discussion, Group Presentation
...				

C. Course Content

No	List of Topics	Contact Hours
1.	Unit 1: Introduction to maternity and childcare <ul style="list-style-type: none"> Basics of Female Reproductive Anatomy and Physiology Menstrual Cycle Fertilization, Conception & Fetal development 	6 hours
2.	Unit 2: Antepartum Period <ul style="list-style-type: none"> Physiological and Psychological Changes during Pregnancy. Antenatal Care. High risk pregnancy (Bleeding in early and late pregnancy, Gestational Diabetes Mellitus, Cardiac disease during pregnancy, Anemia during pregnancy and Hypertensive disorders of pregnancy)	9 hours
3.	Unit 3: Intrapartum Period <ul style="list-style-type: none"> Physiological and Psychological Changes during Labor Nursing Care during Normal Labor and Delivery. Abnormal Labor 	6 hours





4.	<p>Unit 4: Postpartum Period</p> <ul style="list-style-type: none"> Physiological & Psychological Adaptations in Postpartum Period. Postpartum Care. Lactation and breastfeeding Postpartum complications (Postpartum hemorrhage, Puerperal sepsis, Postpartum Moods disorders) 	9 hours
5.	<p>Unit 5: The Newborn</p> <p>Nursing Care of the Newborn.</p>	3 hours
6.	<p>Unit 6: Care of clients with gynecological problems.</p> <ul style="list-style-type: none"> Menstrual cycle disorders Pelvic Floor Dysfunction Infertility Sexually Transmitted Diseases. Disorders of reproductive tract 	9 hours
7-	<p>Unit 7: Family Planning.</p> <ul style="list-style-type: none"> Family Planning Methods. 	3 hours
Total		45 hours

D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Quiz	6th week	10 %
2.	Group Assignment including Presentation	8th week	10 %
3.	Midterm Theory Exam	11th - 12th week	30 %
4.	Professionalism and Group Participation	14th week	10 %
5.	Final Theory Exam	16th - 18th week	40%

*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

E. Learning Resources and Facilities

1. References and Learning Resources





Essential References	<ul style="list-style-type: none"> Sharon Smith Murray, Emily Slone McKinney(2023) , Foundations of Maternal-Newborn and Women's Health Nursing. (8th Ed). Elsevier. USA.
Supportive References	<ul style="list-style-type: none"> Pillitteri,A. (2014): Maternal and child health nursing: Care of the childbearing and childrearing family. (7th Ed). Lippincott Williams & Wilkins. Philadelphia. Davidson, M.,London,M. &Ladewing P. (2012).Olds Maternal-Newborn Nursing &Women Health Across The Life span. (9th Ed). Pearson.USA. MCN: The American Journal of Maternal Child Nursing
Electronic Materials	<ul style="list-style-type: none"> www.sdl.edu.sa www.pubmed.com www.allnurses.com www.nurse.com www.medscapenurses.com
Other Learning Materials	Computer-based programs/CD, professional standards or regulations and software.

2. Required Facilities and equipment

Items	Resources
facilities (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)	<ul style="list-style-type: none"> A class rooms with interactive whiteboard systems. Number of seats 30 to 40
Technology equipment (projector, smart board, software)	<ul style="list-style-type: none"> Every classroom must be equipped with smart or active board, latest Audio visual aids and computer with internet access
Other equipment (depending on the nature of the specialty)	

F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Student	Direct
Effectiveness of students assessment	Student	Direct
Quality of learning resources	Student	Direct
The extent to which CLOs have been achieved	Student	Direct
Other	Student	Direct





Assessors (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

Assessment Methods(Direct, Indirect)

G. Specification Approval

COUNCIL /COMMITTEE	DEPARTMENT COUNCIL
REFERENCE NO.	4
DATE	19.09.2023

