



Course Specification

— (Bachelor)

Course Title: **Maternal – Newborn Health Nursing/Clinical**

Course Code: **NRS 362**

Program: **Bachelor of Nursing**

Department: **Department of Nursing (NRS)**

College: **College of Nursing**

Institution: **Majmaah University**

Version: **V4**

Last Revision Date: **June 2023**



Table of Contents

A. General information about the course:	3
B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods	4
C. Course Content	5
D. Students Assessment Activities	7
E. Learning Resources and Facilities	7
F. Assessment of Course Quality	8
G. Specification Approval	9



A. General information about the course:

1. Course Identification

1. Credit hours:(3 hours (0+1+2))

2. Course type

A. University College Department Track Others
B. Required Elective

3. Level/year at which this course is offered:(Level 6th /year 3)

4. Course general Description:

This course provides both relevant instructional and clinical learning experiences for students to apply the nursing process and critical thinking skills as primary framework prior in providing holistic care to the women during ante-partum, intra-partum, postpartum periods and gynecological problems and newborn in a variety of settings

5. Pre-requirements for this course (if any):

NRS352

6. Pre-requirements for this course (if any):

NRS361

7. Course Main Objective(s):

The main purpose for this course is to utilize the nursing process using different nursing theories and critical thinking skills as primary framework to be used in providing comprehensive and safe nursing care to the women during ante-partum, intra-partum and postpartum periods and newborn. It also considers gynecological conditions of women in different stages of their lives & those who seek family planning services in a variety of settings. It also emphasizes to apply universal infection control measures while performing nursing activities.

2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	135hrs	100%
2	E-learning		





No	Mode of Instruction	Contact Hours	Percentage
3	Hybrid <ul style="list-style-type: none"> Traditional classroom E-learning 		
4	Distance learning		

3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Lectures	
2.	Laboratory/Studio	18
3.	Field	105
4.	Tutorial	
5.	Others (specify) primary health center	12
	Total	135 hrs.'

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
K1.1	Recall nursing concepts related to obstetrical & gynecological conditions including newborn care. KPI14	K1	Laboratory discussion	Assignment Rubric
K3.1	Discuss appropriate nursing care plan related to pregnancy, labor, post labor & gynecological conditions including newborn care. KPI45	K3	Laboratory discussion	Assignment Rubric
...				
2.0	Skills			





Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
S4.1	Demonstrate skills in assessing and providing nursing care among women with obstetrical (ante, intra & postnatal) and gynecological issues including newborn care. KPI 31	S4	Laboratory discussion and supervised clinical practice	Laboratory/ Clinical examination Assignment Rubric
S5.1	Provide care to women during normal & abnormal condition of pregnancy, labor & postnatal including newborn care as well as pre & postoperative gynecological procedures according to standardized guidelines and using the nursing process. KPI30	S5	Supervised clinical practice and case discussion	Laboratory/ Clinical examination Assignment Rubric
...				
3.0	Values, autonomy, and responsibility			
V1.1	Demonstrate communication skills in applying principles of management in different reproductive health care settings. KPI17	V1	Supervised clinical practice and case discussion	Laboratory / Clinical examination, Rubrics Professionalism & GD.
...				

C. Course Content

No	List of Topics	Contact Hours
----	----------------	---------------





1.	<p>Overview of the course content</p> <ul style="list-style-type: none"> • Orientation to maternity nursing course objectives and course specification • Review of Female reproductive system Fetopelvic relationships including normal and abnormal presentation and position. 	18 hours
2.	<p>Clinical Exposure and/or Simulation in Maternity ward (Antenatal Unit)</p> <p>Antenatal Nursing Assessment and Care:</p> <ul style="list-style-type: none"> • Collection of complete maternal history • Perform abdominal examination using Leopold maneuvers, • Interpretation of routine lab investigations during pregnancy • Counseling and health teaching to the antenatal woman 	25 hours
3.	<p>Clinical Exposure and/or Simulation in Delivery room (DR)</p> <p>Natal Nursing Assessment and Care:</p> <ul style="list-style-type: none"> • Assessment of Uterine Contractions (1st stage of labor) • Use of Partograph • Vaginal examination during labor • External electronic fetal monitoring • Monitoring woman during labor (2nd and 3rd stages of labor) • Immediate newborn Care 	28 hours
4.	<p>Clinical Exposure and/or Simulation in Maternity ward (Post-natal unit)</p> <p>Postnatal Nursing Assessment and Care:</p> <ul style="list-style-type: none"> • Assessment of uterine fundus postpartum • Breast examination • Breast care • Perineal examination • Perineal care • Umbilical cord care • Counseling and health teaching to the postnatal woman 	18 hours
5.	<p>Clinical Exposure and/or Simulation in Gynecology Inpatient Area</p> <ul style="list-style-type: none"> • Collection of complete maternal history • Preparation of the patient before diagnostic procedures • Assisting patient in pelvic examination 	18 hours





	<ul style="list-style-type: none"> Assisting patient in preoperative and post-operative gynecological surgeries. 	
6.	<p>Clinical Exposure and/or Simulation in Operating Room (O.R.)</p> <ul style="list-style-type: none"> Identify various instruments used in different obstetrical & gynecological surgeries Working as a scrubbed up and circulatory nurse for different obstetrical & gynecological operations done in O.R. 	28 hours
Total		135

D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	<ul style="list-style-type: none"> Lab Exam. 	<ul style="list-style-type: none"> 3rd week 	<ul style="list-style-type: none"> 20 %
2.	<ul style="list-style-type: none"> Assignment1 (Nursing care plan: 2) 	<ul style="list-style-type: none"> 6th week 	<ul style="list-style-type: none"> 10 %
3.	<ul style="list-style-type: none"> Assignment 2 (Health Teaching) 	<ul style="list-style-type: none"> 8th week 	<ul style="list-style-type: none"> 5%
4.	<ul style="list-style-type: none"> Clinical Exam. 	<ul style="list-style-type: none"> 10th week 	<ul style="list-style-type: none"> 20 %
5.	<ul style="list-style-type: none"> Professionalism and Group discussion 	<ul style="list-style-type: none"> 9th week 	<ul style="list-style-type: none"> 5%
6	<ul style="list-style-type: none"> Final practical exam 	<ul style="list-style-type: none"> 10th – 11th 	<ul style="list-style-type: none"> 40%

*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

E. Learning Resources and Facilities

1.References and Learning Resources

<ul style="list-style-type: none"> Essential References 	<ul style="list-style-type: none"> Hacker, A., moores, H. (2019). Essentials of obstetrics and gynecology, (6th edition), Elsevier. Beth, M, Kelsey. E. (2019). Midwifery womens health nurse practitioner certification reviewguid. (third edition). Jones & Bartlett learning Magowan,B. , owen,Ph and Thomson,A. ,(2019), clinical obstetrics and gynecology 4th edition , El sliver.
--	--



<ul style="list-style-type: none"> Supportive References 	<ul style="list-style-type: none"> Michele C. Davidson, Marcia L. London (2015). Olds' Maternal-Newborn Nursing & Women's Health Across the Lifespan (10th Edition) (Maternal-Newborn & Women's Health Nursing Carol J.Green, (2016): Maternal Newborn Nursing Care Plans, Jones &Barlett Learning Company, USA. Kathryn Rhodes Alden, Deitra Leonard Lowdermilk, Mary Catherine Cashion, Shannon E. Perry, (2016):Maternity& Women's Health Care, 11th ed., Elsevier Inc., China
<ul style="list-style-type: none"> Electronic Materials 	<ul style="list-style-type: none"> http://www.advancefornp.com/ . www.aafp.org/afp http://www.consultantlive.com/ http://www.femalepatient.com/
<ul style="list-style-type: none"> Other Learning Materials 	<ul style="list-style-type: none">

2. Required Facilities and equipment

Items	Resources
facilities (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)	<ul style="list-style-type: none"> Well-equipped Nursing lab suitable for 10 – 15 students.
Technology equipment (projector, smart board, software)	<ul style="list-style-type: none"> Computer Projector Microphone & Speakers Smart board with all the accessories Internet
Other equipment (depending on the nature of the specialty)	

F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Students	<ul style="list-style-type: none"> ✓ Direct assessment: Course Evaluation Survey Quality of Exam Survey
Effectiveness of students assessment	Faculty	<ul style="list-style-type: none"> ✓ Indirect assessment: CLO Mapping with teaching & assessment. ✓ Course



Assessment Areas/Issues	Assessor	Assessment Methods
		Blueprinting ✓ Grade Analysis Psychometric Analysis
Quality of learning resources	Peers	Grade Verification
The extent to which CLOs have been achieved	Faculty member / Quality assurance committee	✓ Direct assessment outcome analysis Course report preparation
Other	Students / Faculty	✓ Indirect assessment: Academic advising survey Student experience survey
Quality of learning resources	Program Leaders	Availability of the resources

Assessors (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

Assessment Methods(Direct, Indirect)

G. Specification Approval

COUNCIL /COMMITTEE	DEPARTMENT COUNCIL
REFERENCE NO.	4
DATE	19.09.2023

