



Course Specification

(Bachelor)

Course Title: **Introduction to Clinical Skills in Patient Care**

Course Code: **NRS233**

Program:

Department: **Primary Nursing Care**

College: **College of Nursing**

Institution: **Majmaah University**

Version: **1**

Last Revision Date:



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A. General information about the course:

1. Course Identification

1. Credit hours: (4)

2. Course type

A. University College Department Track Others
B. Required Elective

3. Level/year at which this course is offered: ()

4. Course general Description:

This course serves as a base for other nursing courses. It is designed to provide the third level students with the basic nursing concepts and theoretical principles needed for the practice of nursing. The course emphasizes the student's understanding of the nature of the client needs and the interventions required utilizing the functional health patterns such as exercise and rest, nutrition, and elimination.

5. Pre-requirements for this course (if any):

None

6. Co-requisites for this course (if any):

NRS 234

7. Course Main Objective(s):

The main purpose of this course is to acquire students with information related to the nursing process, assessing health, integral components of client care, and promoting physiological health.

2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	60	100%
2	E-learning		
3	Hybrid <ul style="list-style-type: none"> • Traditional classroom • E-learning 		
4	Distance learning		



3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Lectures	60
2.	Laboratory/Studio	
3.	Field	
4.	Tutorial	
Total		60

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of PLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
1.1	K3.1 Describe nursing care from assessing vital signs to more complex physical health procedures while following the phases of nursing process		Lecture-Discussion	Written Exams
1.2	K4.1 Define the concepts of promoting physiological health and disease prevention of individual, family and community		Lecture-Discussion	Written Exams
2.0	Skills			
2.1	S4.1 Calculate the drug dosage and intravenous infusion rate correctly and accurately		Lecture-Discussion and Collaborative Learning	Written Exams
2.2	S4.2 Utilize the nursing process as a framework for formulating nursing care and discharge plans that include nursing outcomes and interventions for client care		Lecture-Discussion and Collaborative Learning	Written Exams, Assessment Rubrics for Assignment (NCPs)



3.0 Values, autonomy, and responsibility				
3.1	V2.1 Demonstrate collaboration in attaining nursing outcomes and interventions pertaining to individual, family, and community based on ethical, legal, and professional standards		Lecture-Discussion and Collaborative Learning	Professionalism and group discussion

C. Course Content

No	List of Topics	Contact Hours
1.	Unit 1: Introduction to Nursing	4
2.	Unit 2: Nursing Process Overview and phases of nursing process	8
3.	Unit 3: Nursing Care and Discharge Planning Formulation of NCPs, referral and discharge plan	8
4.	Unit 4: Documentation and Reporting Types and methods of documenting and reporting	4
5.	Unit 5: Health Assessment Vital signs, diagnostic and laboratory tests	8
6.	Unit 6: Client Care Management Asepsis, safety, hygiene, moving, turning and basic body positions, skin integrity and wound care	8
7.	Unit 7: Pharmacologic Management Medication and fluid administration, calculation of medication dosage and fluid regulation	8
8.	Unit 8: Physiologic Health Promotion Activity and exercise, rest and sleep, pain management, nutrition, urinary and fecal elimination, and oxygenation	12
Total		60

D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Quiz	4th week	10%
2.	Midterm Exam	9th - 10th week	30%
3.	Assignment (NCP)	6 - 8TH WEEK	10%
4.	Professionalism and Group Discussion	11TH WEEK	10%
5.	Final Exam	15TH - 16TH WEEK	40%

*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).





E. Learning Resources and Facilities

1. References and Learning Resources

Essential References	
Supportive References	
Electronic Materials	
Other Learning Materials	

2. Required Facilities and equipment

Items	Resources
facilities (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)	
Technology equipment (projector, smart board, software)	
Other equipment (depending on the nature of the specialty)	

F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	students, faculty, program leaders, peer reviewers,	Direct

Assessors (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

Assessment Methods (Direct, Indirect)

G. Specification Approval

COUNCIL /COMMITTEE	الاساسيه التمريضيه الرعايه مجلس
REFERENCE NO.	4
DATE	19/09/2023

