

Do Your Part To Go Green With Recycling!

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Everyone today is talking about green this or green that. Being green is an admirable choice! It means that you care about the environment and want to do what is best for this planet that we live on. There are many things you can do if you want to help out the environment and recycling is only one of them. Continue reading to learn a little more about how to make the most of your recycling efforts. First of all, you need to find out about your local recycling center. Most areas have a place to either bring recycling or their trash companies pick up recycling on their weekly visits. You need to find out which materials they recycle. Most areas recycle similar items, but check it out to make sure. Also, find out how you need to store your recycling and whether or not it needs to be separated. The more you know about the whole process, the more success you can have and the more you will recycle.

Paper

Most papers are recyclable. Newspapers can be recycled, or you can even use them to wrap gifts. Kids (and even adults) love to get gifts wrapped in the comics sections. If you read magazines, you can recycle them, too. Other paper products, such as junk mail and packaging can be recycled, as well. A lot of food and other items will come in a thick paper package, these can be recycled or you can reuse them and use them as storage or anything else your imagination comes up with.

Cardboard

Cardboard is similar to paper, but most places will ask that it is kept separate. You can recycle cardboard boxes and other items that are made out of cardboard.

Plastics

It seems like plastic is being used more and more. The good thing about that is that you can recycle most plastic items. Most plastic containers that you get your cleaning, food or health items in can be rinsed out and put into your recycling bin. Look on your plastic containers and you should see the recycling symbol with a number in the middle of it. This number tells you the category of plastic. Some places will ask you to separate your plastics, and some will allow you to leave them all together.

Metals

This category of recyclables is quite unique. In most areas you can get paid to recycle metal. Junk yards and metal companies often pay for any metal they can find. This includes any scrap metal (old bicycles, a bed frame, etc.) and things such as aluminum cans. If you do not want to take the time to take it to a metal recycling center, you can recycle it with your local recycling authority.

When you decide you want to make green choices you are doing what is best for our environment and our planet as a whole. Recycling is free and it is easy and it will help the planet in which we live on.

Five Effective Methods Of Using Green Energy At Work

With the "greener" world that we are now living in, you are likely already using green energy at your home. However, there are also many ways you can use green energy at work. Check out the below article to learn of five simple methods of doing this.

One obvious solution is to simply use less paper at work. Unfortunately, this is easier said than done. After all, you have to print out important documents, right? Well, one way you can get around this is to try to use electronic documents whenever you can. Although you won't be able to

do this all the time, just doing it some can help. In addition, you can avoid printing out frivolous paper. Only print the papers that you really need, and if possible, print using both sides of the paper .

An even easier method of saving energy at work is to simply turn off the lights when you leave a room. You may not think that this helps much, but a single 100 watt light bulb that is left on just one hour each day burns 36.5 kilowatts of energy every single year. Therefore, if you have a light bulb that is unnecessarily on for this length of time, then you are burning a lot of energy for no reason. Unfortunately, although this is very easy to do, it is also easy to forget. Make a conscious effort to turn off a light every time you leave, and before you know it, this action will become habit.

Recycle at work. There are an abundant amount of things you can recycle. First, you should obviously recycle paper. Do some research to find some paper-recycling companies near your work. Second, you can recycle your ink cartridges rather than getting new ones. If you shop at Office Depot, you could even get some money back on certain cartridges. Finally, you can recycle other materials, such as aluminum cans, bottles, cardboard, etc.

If you bring your own lunch to work, try to bring food you don't have to store in the refrigerator. The more food that is in a refrigerator, the more power that it uses. Therefore, if you typically pack a frozen dinner, consider bringing nuts or a PBJ sandwich instead. Obviously, your choices will be more limited when you cannot store food in a refrigerator, so this does not mean you should never bring food to store in the fridge.

You should just try to minimize it as much as you can. Consider having a system of fridge days and non-fridge days.

Finally, talk to your boss to see if green energy light bulbs can be put in. Although this may require an investment on the company's end, they can eventually save a lot of money on saved energy costs. Pitch this idea to your boss, and let him or her know how much money can eventually be saved.

Using green energy at work can not only help your company save the environment (which is an excellent marketing pitch), it can also help save money. Share these five simple green-energy methods with your boss and fellow co-workers, and you can all reduce your company's carbon footprint.